

PREGNANCY HELP CENTERS

Alexandria – [Birthright](#) 320-762-1224
Anoka – [WomenSource](#) 763-208-0076
Apple Valley -- [Pregnancy Choices](#) 952-997-2229
Austin -- [Rachel's Hope](#) 507-437- 7595
Austin – [Birthright](#) 507-437-2373
Bemidji – [Birthright](#) 218-751-9237
Brainerd -- [Lakes Area Preg. Support Center](#) 218-825- 0793
Brainerd – [Birthright](#) 218-829-8470
Burnsville -- [Amnion Crisis Pregnancy Center](#) 952-898-4357
Cambridge -- [Pregnancy Resource Center](#) 763-689-4319
Cannon Falls – New Beginnings 507-263-8000
Chisago County-- [Chisago County LifeCare Center](#)
651-674- 2121, after hours: 651-257- 2550
Coon Rapids – [Birthright](#) 763-757-0715
Crystal -- [Metro Women's Center](#) 763-533-8642
Duluth -- Lake Superior LifeCare Center 218-727-3399
Duluth – [Birthright](#) 218-723-1801
Duluth-- [Women's Care Center](#) 218-623-7100
Eau Claire, WI-- [Apple Pregnancy Care Ct](#) 715-834-7734
Elk River-- [Abba Pregnancy Resource Ct](#) 763-441-7777
Fargo, ND –[First Choice Clinic](#) 701-237-6530
Fargo, ND -- Women's Care Clinic 701-232-2716
or toll-free 1-800-747-2383
Fargo-Moorhead – [Birthright](#) 701-291-5799
Fairmont -- [Options Pregnancy Center](#) 507-238-2330
Faribault -- [Preg Options LifeCare Center](#) 507-332-7644
Fergus Falls -- [Health Resources LifeCare Center](#)
218-736- 6050 or toll-free 1-800-450-4673
Forest Lake -- [Lakes LifeCare Center](#) 651-464-4340
Grand Rapids – [Brepghos Pregnancy Center](#) 218-326-0404
Hastings – [Hastings Total LifeCare Center](#) 651-437-4200
Hibbing -- [Pregnancy LifeCare Center](#) 218-262-5768
Hopkins -- [Minnetonka LifeCare Center](#) 952-938-4496
Hutchinson – [Birthright](#) 320-587-5433
International Falls -- [Northern LifeCare Ctr](#) 218-285- 7673
Ladysmith, WI--[Choices Health Network](#) 715-532-7600
Little Canada -- [Women's LifeCare Center](#) 651-777-0350
Little Canada -- [New Day Pregnancy Care Ctr](#) 651-644-3937
Lindstrom-- The Baby Blanket, St. Bridget Catholic Church,
baby items & maternity clothes, 651257-2474, ext. 34
Mankato – [Birthright](#) 507-387-7818
Mankato-- [Options for Women](#) 507-625-2229
Marshall – [Birthright](#) 507-532-3660
Milaca -- [Rum River Life Choices Center](#) 320-983-3771
Minneapolis -- [Abria Preg. Resources Northside](#) 612-522-6589
Minneapolis -- [Tandem Family Resource Ctr](#) 612-823-0301
Se Habla Español
Minneapolis – [Sagrada Familia Services](#) 612-392-2421
Se Habla Español
Minneapolis – [Birthright](#) 612-338-2353

PREGNANCY HELP CENTERS

Minneapolis – [First Care Pregnancy Center](#) 612-623-8378
Minneapolis – [City Life Center](#) 612-874-1808
Monticello – [Birthright](#) 763-295-2232
Mora -- [Crisis Pregnancy Center](#) 320-679-4493
Morris -- [Options for Women-Morris](#) 320-589-0300
New Brighton – [St. John the Baptist Catholic Church](#),
maternity and baby clothes, 763-516-1417, by appointment
Northfield – [Northfield Women's Center](#) 507-645-7638
New Ulm – [First Choice Pregnancy Services](#) 507-359-9800
Osceola, WI -- [Tri-County LifeCare Center](#) 715-755-2229
Owatonna – [Birthright](#) 507-455-1622
Park Rapids -- [Caring Pregnancy Center](#) 218-732-5212
Pine City -- [Pregnancy Resource Center](#) 320-629-2792
Princeton-- [Rum River Life Choices Center](#) 763-389-7876
Red Wing – [New Beginnings](#) 651-267-4357
Redwood Falls -- [Choices Pregnancy Center](#) 507-637-2534
Rice Lake, WI -- [Pregnancy Help Center](#) 715-736-4357
Richfield – [First Care Pregnancy Center](#) 612-866-7643
River Falls, WI -- [Options for Women](#) 715-425-8539
Robbinsdale – [Robbinsdale Women's Center](#) 763-531-9554
Rochester--[First Care Pregnancy Center](#) 507-282-3377
Rochester-- [Birthright](#) 507-288-9374
Roseau-- [North Region Pregnancy Care Center](#) 218-463-0580
St. Cloud-- Birthline 320-252-41500 or 800-786-0200
St. Cloud-- [Caritas Fam Services](#) 320-252-4121/888-950-2656
St. Cloud -- [Pregnancy Resource Center](#) 320-253-5333
or toll-free 1-800-450-1962
St. Michael – [Options for Women/Comerstone](#) 763-478-7367
St. Paul – [Abria Pregnancy Resources](#) 651-695-0111
Se Habla Español
St. Paul -- [Options for Women East](#) 651-776-2328
St. Paul – [First Care Pregnancy Center](#) 651-730-4342
St. Paul – [Birthright](#) 651-646-7033
Sauk Centre – Central Minn. LifeCare Center 320-351-4025
Savage- [Alpha Women's Center](#) 952-447-5683
Staples – [Lakes Area Preg. Support Center](#) 218-895-5200
Stillwater -- [Options for Women St. Croix Valley](#) 651-439-5964
Superior, WI -- Lake Superior Life Care Center 715-394-4102
Thief River Falls -- [Thief River Falls LifeCare](#) 218-689-5454
Waconia – [Birthright](#) 952-442-4026
Wadena -- Wadena Area Crisis Preg. Center 218-631- 2324
or toll-free 1-800-425-HOPE (1-800-425-4673)
Walker – [Walker Area Pregnancy Center](#) 218-547-5433
West St. Paul -- [Wakota LifeCare Center](#) 651-457-1195
Se Habla Español
Willmar -- [Hope Pregnancy Center](#) 320-235-7619
Winona – [Birthright](#) 507-452-2421
Woodbury – [Woodbury Options](#) 651-340-9062
Worthington -- [Helping Hand Preg. Center](#) 507-372-2111

PRE-NATAL CARE

[Northside LifeCare Center](#) 612-522-6589

[Tandem Family Resource Center](#) 612-823-0301

[AALFA Family Clinic](#) – Medical consultation, Ob/Gyn surgeon,
ultrasound 651-653-0062 www.aalfamily.com

HOUSING

[Philomena House](#): Housing and help up to a year for
homeless, expectant mothers. Call Joyce 651-334-5913.

[Amazing Grace Home](#): Metro Women's Center: Temporary
housing for pregnant women, age 18 or over. 763-533-8642

Missionaries of Charity: Home in Minneapolis for pregnant
women and their children. 612-721-8614

New Beginnings: Residence in St. Cloud for single, pregnant
women 14 to 28 years old. Women may stay after delivery
until their babies are six months old. 320-255-1252 or toll-
free 1-877-974-7174

The Perry Center: A loving home in West Fargo, ND for
expectant mothers. 701-241-9289

Share-A-Life: Provides Christian households throughout the
metro area where a woman can live with a family during her
pregnancy. These families offer much encouragement and
support. For information, call Sharon Bowen, 651-644-8347.

Other housing options are available by contacting a PHC.

ADOPTION SERVICES

[Holy Family Adoption Agency](#) 651-298-0133

[New Life Family Services](#) 612-866-7643

[New Horizons Adoption Agency](#) 1-800-314-3370

FINANCIAL ASSISTANCE

[Cradle of Hope](#): Provides financial assistance to pregnant
women and to women with infants up to three months of age.
Applications are made through any Pregnancy Help Center.

[Life Fund](#): Provides last-resort emergency funding to
pregnant women and to women with infants up to one year
of age. 651-291-4515

[Marriage Material](#): Catholic apostolate providing financial assis-
tance to pregnant women in need of help with food, transporta-
tion, or housing. Call Nancy Kiolbasa 651-373-1205.

MISCELLANEOUS

[Grace Place](#): A mentoring program in Winona 507-452-2283

[Prenatal Partners for Life](#): Resources and support for carrying
to term your child who has an adverse diagnosis and support
for raising your special child after birth.
763-772-386 www.prenatalpartnersforlife.org