PREGNANCY HELP CENTERS

Alexandria – Birthright 320-762-1224
Anoka – WomenSource 763-208-0076
Apple Valley – Pregnancy Choices 952-997-2229
Austin – Rachel’s Hope 507-437-7595
Austin – Birthright 507-437-2373
Bemidji – Birthright 218-751-9237
Brainerd – Lakes Area Preg. Support Center 218-825-0793
Burnsville – Amnion Crisis Pregnancy Center 952-898-4357
Cambridge – Pregnancy Resource Center 763-689-4319
Cannon Falls – New Beginnings 507-263-8000
Chisago County – Chisago County LifeCare Center 651-674-2121, after hours: 651-257-2550
Coon Rapids – Birthright 763-757-0715
Crystal – Metro Women’s Center 763-533-8642
Duluth – Lake Superior LifeCare Center 218-727-3399
Duluth – Birthright 218-723-1801
Duluth – Women’s Care Center 218-623-7100
Eau Claire, WI – Apple Pregnancy Care Ct 715-834-7734
Elk River – Abba Pregnancy Resource Ctr 763-441-7777
Fargo, ND – First Choice Clinic 701-237-6530
Fargo, ND – Women’s Care Clinic 701-232-2716 or toll-free 1-800-747-2383
Fargo-Moorhead – Birthright 701-291-5799
Fairmont – Options Pregnancy Center 507-238-2330
Faribault – Preg Options LifeCare Center 507-332-7644
Fergus Falls – Health Resources LifeCare Center 218-736-6050 or toll-free 1-800-450-4673
Forest Lake – LakesLifeCare Center 651-464-4340
Grand Rapids – Brephos Pregnancy Center 218-326-0404
Hastings – Hastings Total LifeCare Center 651-437-4200
Hibbing – Pregnancy Plus 218-262-5768
Hopkins – Minnetonka LifeCare Center 952-938-4496
Hutchinson – Birthright 320-587-5433
International Falls – Northern LifeCare Ctr 218-285-7673
Ladysmith, WI – Choices Health Network 715-532-7600
Little Canada – Women’s LifeCare Center 651-777-0350
Little Canada – New Day Pregnancy Care Ctr 651-644-3937
Lindstrom – The Baby Blanket, St. Bridget Catholic Church, baby items & maternity clothes, 651257-2474, ext. 34
Mankato – Birthright 507-387-7818
Mankato – Options for Women 507-625-2229
Marshall – Birthright 507-532-3660
Milaac – Rum River Life Choices Center 320-983-3771
Minneapolis – Abria Pregnancy Resources Northside 612-522-6589
Minneapolis – Tandem Family Resource Ctr 612-823-0301
Se Habla Español
Minneapolis – Sagrada Familia Services 612-392-2421
Se Habla Español
Minneapolis – Birthright 612-338-2353

PREGNANCY HELP CENTERS

Minneapolis – First Care Pregnancy Center 612-623-8378
Minneapolis – City Life Center 612-874-1808
Monticello – Birthright 763-295-2232
Mora – Crisis Pregnancy Center 320-679-4493
Morris – Options for Women-Morris 320-589-0300
New Brighton – St. John the Baptist Catholic Church, maternity and baby clothes, 763-516-1417, by appointment
Northfield – Northfield Women’s Center 507-645-7638
New Ulm – First Choice Pregnancy Services 507-359-9800
Osceola, WI – Tri-County LifeCare Center 715-755-2229
Owatonna – Birthright 507-455-1622
Park Rapids – Caring Pregnancy Center 218-732-5212
Pine City – Pregnancy Resource Center 320-629-2792
Princeton – Rum River Life Choices Center 763-839-7876
Red Wing – New Beginnings 651-267-4357
Redwood Falls – Choices Pregnancy Center 507-637-2534
Rice Lake, WI – Pregnancy Help Center 715-736-4357
Richfield – First Care Pregnancy Center 612-866-7643
River Falls, WI – Options for Women 715-425-8539
Robbinsdale – Robbinsdale Women’s Center 612-531-9554
Rochester – First Care Pregnancy Center 507-282-3377
Rochester – Birthright 507-288-9374
Roseau – Region North Pregnancy Care Center 218-463-0580
St. Cloud – Birthline 320-252-41500 or 800-786-0200
St. Cloud – Caritas Fam Services 320-252-4121/888-950-2656
St. Cloud – Pregnancy Resource Center 320-253-5333 or toll-free 1-800-450-1962
St. Michael – Options for WomenCornerstone 763-478-7367
St. Paul – Abria Pregnancy Resources 651-695-0111
Se Habla Español
St. Paul – Options for Women East 651-776-2328
St. Paul – First Care Pregnancy Center 651-730-4342
St. Paul – Birthright 651-646-7033
Sauk Centre – Central Minn. LifeCare Center 320-351-4025
Savage – Alpha Women’s Center 952-447-5683
Staples – Lakes Area Preg. Support Center 218-895-5200
Stillwater – Options for Women St. Croix Valley 651-439-5964
Superior, WI – Lake Superior Life Care Center 715-394-4102
Thief River Falls – Thief River Falls LifeCare 218-689-5454
Waconia – Birthright 952-442-4026
Wadena – Wadena Area Crisis Preg. Center 218-631-2324 or toll-free 1-800-425-HOPE (1-800-425-4673)
Walker – Walker Area Pregnancy Center 218-547-5433
West St. Paul – Wakota LifeCare Center 651-457-1195
Se Habla Español
Willmar – Hope Pregnancy Center 320-235-7619
Winona – Birthright 507-452-2421
Woodbury – Woodbury Options 651-340-9062
Worthington – Helping Hand Preg. Center 507-372-2111

PRE-NATAL CARE

Northside LifeCareCenter 612-522-6589
Tandem Family Resource Center 612-823-0301
AALFA Family Clinic – Medical consultation, Ob/Gyn surgeon, ultrasound 651-653-0062 www.aalfafamily.com

HOUSING

Philomena House: Housing and help up to a year for homeless, expectant mothers. Call Joyce 651-334-5913.

Amazing Grace Home: Metro Women’s Center: Temporary housing for pregnant women, age 18 or over. 763-533-8642

Missionaries of Charity: Home in Minneapolis for pregnant women and their children. 612-721-8614

New Beginnings: Residence in St. Cloud for single, pregnant women 14 to 28 years old. Women may stay after delivery until their babies are six months old. 320-255-1252 or toll-free 1-877-974-7174

The Perry Center: A loving home in West Fargo, ND for expectant mothers. 701-241-9289

Share-A-Life: Provides Christian households throughout the metro area where a woman can live with a family during her pregnancy. These families offer much encouragement and support. For information, call Sharon Bowen, 651-644-8347.

Other housing options are available by contacting a PHC.

ADOPTION SERVICES

Holy Family Adoption Agency 651-298-0133
New Life Family Services 612-866-7643
New Horizons Adoption Agency 1-800-314-3370

FINANCIAL ASSISTANCE

Cradle of Hope: Provides financial assistance to pregnant women and to women with infants up to three months of age. Applications are made through any Pregnancy Help Center.

Life Fund: Provides last-resort emergency funding to pregnant women and to women with infants up to one year of age. 651-291-4515

MISCELLANEOUS

Grace Place: A mentoring program in Winona 507-452-2283

Prenatal Partners for Life: Resources and support for carrying to term your child who has an adverse diagnosis and support for raising your special child after birth. 763-772-386 www.prenatalpartnersforlife.org